

Touching the Light Certification Program

CODE OF ETHICS

PURPOSE:The purpose of the following Code of Ethics is to guide the therapeutic practice of Touching the Light including guidelines for defining the status of “in good standing.”

DEFINITION of TOUCHING THE LIGHT:Touching the Light is an energy therapy in which practitioners consciously use their hands in a heart-centered and intentional way to enhance, support and facilitate the physical, emotional, mental and spiritual health and self-healing. Touching the Light utilizes light or near-body touch to clear, balance and energize the entire human energy system as well as the etheric anatomy in an effort to promote healing for the whole person; mind, body, spirit.

GOAL:The goal of Touching the Light is to restore harmony and balance in the energy system, and the overall etheric system, creating an optimal environment for the body’s natural responsiveness to perfection and its innate tendency to move toward self-healing.

1: Scope of PracticeTouching the Light practitioners use Touching the Light within the scope of their background, current training and or licensing and credentialing. They represent themselves to the public in accordance with their credentials. They practice within the guidelines of this Code of Ethics; the Touching the Light Program’s qualification requirements; and state/province, local and federal laws and regulations.

2: Cooperative CareTouching the Light is a complementary energy therapy, which can be used in conjunction with traditional therapies or as a singular modality. Practitioners know the limits of their professional competence and do not reach beyond these boundaries. They do not diagnose, prescribe, or treat medical conditions or disorders unless they hold a license that permits them to do so. They are credentialed and in good standing with their respective/legal licensing or credentialing body/bodies. Appropriate referrals to other health care professionals are made when necessary.

3: IntentionTouching the Light is used to promote well being and healing for each client. Client safety, educational needs, and well-being are maintained by the practitioner. Practitioners working with subtle energies are careful to use their ability only in a manner beneficial to the client. Instead of trying to change the client in any way, practitioners use their intentionality to cooperate within the field of unlimited potential, the possibility of imminent change, and subsequent order. They use their abilities with humility, consciousness and professionalism.

4: Principles of HealingTouching the Light practitioners know that healing is a personal, individualized process that occurs from within the free will and internal dynamics of the client. The client is supported by the TTL practitioner in self-directing this sacred process. The TTL practitioner creates a conscious, reverent, caring-healing environment. Practitioners nurture an optimal condition for that client to remember and move toward their wholeness through the steps of the TTL Structure and the practitioner-client relationship.

5: Respectful Care Touching the Light practitioners maintain high standards of professionalism in their care. They treat clients and colleagues with respect, courtesy, care and consideration. TTL practitioners respect their client's individuality, beliefs, inherent worth, and dignity. They respect the client's right to be involved in their treatment and they empower the client to give feedback, alter or discontinue the session at any time. Practitioners provide information that assists clients in making informed decisions about their care and point out when possible, life patterns that the client has that may be contributive to their issues.

6: Equality and Acceptance Touching the Light practitioners work in partnership with the client to promote healing regardless of race, creed, color, age, gender, sexual orientation, politics or social status, spiritual practice or health condition. The client's inner process, spiritual practices and pacing of healing are respected and supported. No specific religious/spiritual belief or practice is promoted in Touching the Light.

7: Creating a Healing Environment Touching the Light is provided in a variety of environments. Practitioners provide (when possible) a private, safe environment conducive to healing in which the client can relax and be receptive to the healing process. Safe and clear professional boundaries are described and maintained. Permission for receiving Touching the Light is obtained through the informed consent process. Where hands-on touch is appropriate for the healing process, it is non-sexual, gentle and within the client's consent and boundaries. The client is fully dressed except in medical situations, or other professional therapies requiring disrobing, in which case appropriate draping is used.

8: Touching the Light Sequence The Touching the Light practitioner uses the 8 step process as a foundation and guideline, for administration of the work and in documentation. The eight steps are: (1) Intake/Update; (2) Identification of Health and Other Issues; (3) Mutual Goals/Intention for Healing; (4) Pre-Treatment Energetic Evaluation; (5) Touching the Light Intercessions; (6) Post-Treatment Assessment; (7) Communication with the Client and Feedback, and (8) Plan for post session. Sequential order of the steps may vary depending on a per client basis, issues revealed during the session and flow of the session.

9: Disclosure and Education Information is provided to the client on an individualized basis taking into account expressed needs and personal situations. The Practitioner informs the client of her/his educational and experiential background in Touching the Light and any other related credentials they hold. They also provide an explanation of the treatment to the level of client's understanding, and clearly and accurately inform clients of the nature and terms of the service. The Practitioner discusses the TTL treatment process as well as any relevant limitations or issues before TTL intercessions begin. Practitioners supply resources and/or additional materials that may support the client when applicable. Practitioners do not mix other modalities with their Touching the Light practices.

10: Confidentiality Client confidentiality is protected at all times and records are kept in a secure and private place in accordance with state and federal regulations. The Practitioner also informs clients of exceptions to their confidentiality such as disclosure for legal and regulatory requirements or to prevent eminent harm or danger to client or others. Client health information and treatment findings are documented appropriately and are specific to the practitioner's background and setting. Information is shared only with client's written permission.

11: Legalities Touching the Light practitioners are expected to understand and comply with the laws of the state(s)/province in which they are offering Touching the Light as well as applicable federal regulations in regards to obtaining or maintaining a license to touch. Those that have a professional license are expected to understand how touch either is or is not included or restricted in their scope of practice and comply accordingly. It is expected that TTL practitioners will carry liability/malpractice insurance according to state/province, federal and professional laws to protect themselves and clients. It is expected that TTL Practitioners will maintain the appropriate business licenses where required according to their state/province requirements.

12: Self Development Touching the Light practitioners practice self-care to enhance their own personal health in order to provide optimal care for others. They practice from a theoretical and experiential knowledge base as they continue to deepen their understanding of healing, the biosphere, spiritual development, and personal evolution. They keep themselves current in the practice and research of Touching the Light and related areas and seek to continually expand their effectiveness as a practitioner.

13: Professional Responsibility Practitioners and students represent Touching the Light in a professional manner by implementing good judgment, practicing with integrity, and adhering to this Touching the Light Program (TTLP) Code of Ethics and the TTLP Scope of Practice. Through their words and actions, they encourage ethical behavior of all parties. They consult a supervisor, TTL mentor, TTL instructor, member of the TTL Ethics Committee or TTL Program Director when an ethical issue occurs. The TTL Code of Ethics will be the practitioners' minimum Ethical Code when practicing Touching the Light. If they practice any other kind of energy medicine/therapy/modality within a TTL session, they must do so with the prior knowledge and informed consent of the client, and they will be bound by the TTL Code of Ethics.

Non-adherence or violation of the TTL Code of Ethics and/or Scope of Practice may result in reprimand, letter of censure and prohibition or expulsion from the program.

The Touching the Light Program CEO and the Touching the Light Certification creator and certified Instructors in conjunction with the program creator, are the sole authority to determine continued certification or eligibility to study, based on compliance with the Touching the Light Code of Ethics and Scope of Practice.

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